

FREE Car Seat Inspections by a certified technician during a 2HEALTH in-home First Aid course

Is your child safe & secure in the seat?

The number one cause of injury or death to Canadian children under the age of 14 is motor vehicle collisions. A conservative estimate is 80% of installations are incorrect.

To reduce these preventable deaths, a child should be traveling in a proper child restraint from 0 - 8 yrs old and in the back seat until 13 yrs old. **NO EXCEPTIONS!**



Proper child restraint system (CRS) installations may seem challenging, however a few things done right will protect your child or children.

The Law in Ontario...summary

> **Drivers are responsible to ensure all passengers under 16 years old are secured properly.**

> **INFANTS** [birth - 20 lbs.]

- ~ rear-facing until 1 years old and...
- ~ seat/ base secured away from active airbag and...
- ~ turn forward when seat's weight + height limits reached - a convertible rear-facing seat may be needed
- ~ shoulder straps at or just below shoulders

> **TODDLERS** [20 - 40 lbs.]

- ~ forward-facing - when at least 1 years old
- ~ tether strap must be used **with** seat belt or UAS
- ~ shoulder straps at or just above shoulders

> **PRE-SCHOOL - 8 YEARS OLD**

- ~ booster seat required when 40-80 lbs. and...
- ~ booster seat required if under 145cm [4', 9"] and ...
- ~ lap + shoulder combo belt used with booster seat

> **YOUTH**

- ~ seatbelt used only when 36 kg [80 lbs.] or 145 cm [4', 9"] or 8 years old - make sure belt fits across chest
- ~ one person/ seatbelt

see box at right for more installation tips...

10 INSTALLATION TIPS*

[always follow manufacturer's instructions]

1. **CORRECT ANGLE:** Rear-facing seat at 45 degrees and forward-facing is upright and the foot of the CRS sits in the seat bite [seat & back part meet]
2. **TIGHTEN & FLATTEN HARNESS STRAPS:** Only one finger must fit between child & strap at collarbone. Straps must lay flat and untwisted.
3. **SECURE SEAT:** The seat must not move > 1" [check where straps feed] Kneel into base or seat & push into bite while pulling belt up
4. **CARRY HANDLES POSITIONED DOWN IN CAR:** Rear-facing handle may break in a collision and hurt the child. Also, no attached toys!
5. **USE A LOCKING CLIP:** The H-shaped clip is required only when there is no locking system on the seat belt or UAS
6. **CHEST CLIPS AT ARMPIT LEVEL & THREADED PROPERLY:** Forward-facing and rear-facing need the chest clip to avoid collision expulsion
7. **USE UAS (Universal Anchorage System) OR SEAT BELT, NOT BOTH:** Centre seat may not have its own UAS, check vehicle owner's manual
8. **USE CORRECT SEAT BELT PATH & HARNESS STRAP SLOTS:** Rear-facing: harness strap at or below shoulder. Forward-facing: at or above
9. **KEEP LOOSE ARTICLES, & PROJECTILES IN TRUNK:** Flying objects hurt! Even those 'baby on board' signs & blinds cause injuries.
10. **DON'T ADD HEAD HUGGERS & BUNTING BAGS:** They are not tested, straps can't get tight enough and may overheat child!

more info on Transport Canada website: www.ontario.ca/smartlove

* This bulletin is for educational purposes. Please refer to the car owner's manual, car seat manual and Ministry of Transportation website for specific information pertaining to your situation.

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